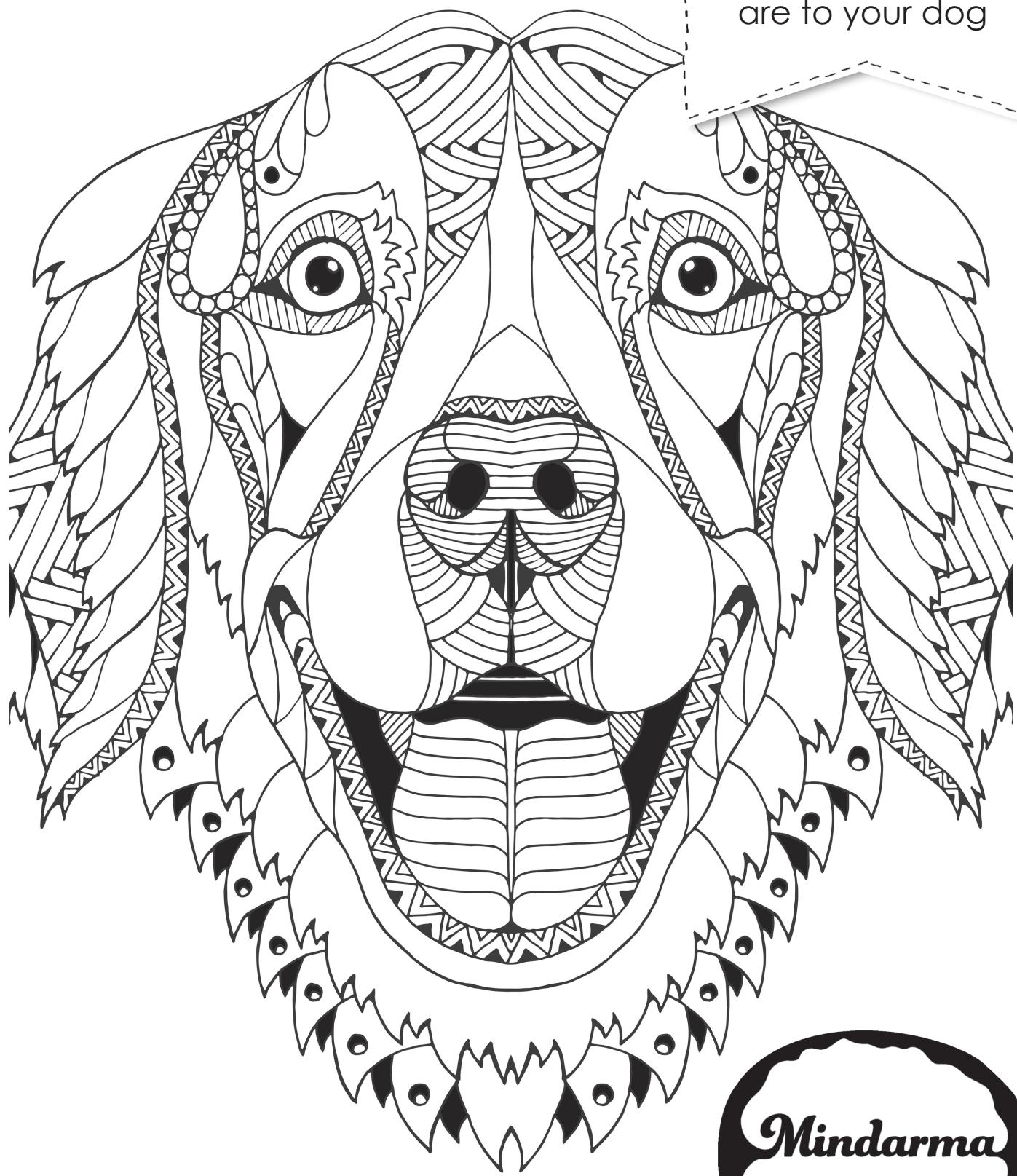


Helpful Hint

Just imagine if you
were as kind
to yourself as you
are to your dog



Mindarma